



Healthy View On Sexuality

EBS May 2017
Budapest



Genesis 1:31

God saw all
that he had
made, **and it
was very
good**



Indroduction

Friday : WORLD'S VIEW vs GOD's VIEW

9:00h – 12:30h

- Historical world view on sexuality - Brad –
- Theological approach : sexuality in the Bible - Pierre-Louis –
- What is lust / what is purity - Scott

12:30-14:30 lunch break

14:30h-17:30h

- Results of survey : sexuality in our churches in Europe - Thierry
- Love is a soft drug... or hard ? - Thierry
- Discipling & sexuality - Micha
- Church discipline with sexual « sins » - Scott –
- Discussion Groups / Panel : Q&A from Friday's classes

- 19:00 Dinner

Saturday : HEALTHY SEX LIFE

9:00h - 12:30h

- **True intimacy; the plan of marriage, Christ and the Church** - Brad
- **Building a relationship for the long run - Having a great intimacy in marriage/Learning to talk about sex in marriage** - Thierry, Micha&Dani,...
- **A romance that lasts a lifetime** (Sharing)

12:30-14:30 lunch break

- **Normal sexual development** - Micha
- **The question of homosexuality** - Thierry
- **Talking about sex with children / teens** - Brad
- **Single and sex** - Brad
- **Protecting the church and the children from « predators »** - Thierry –
- **Discussion, Q&A from Saturday's topics**

- 19:00 Dinner



Discipling and Sexuality



Genesis 1:31

God saw all
that he had
made, **and it
was very
good!**



Genesis 2:25

Adam and his
wife were
both naked,
and they felt
no shame...



Römer 12:2

Do not conform to the pattern of this world, **but be transformed by the renewing of your mind.** Then you will be able to test and approve what God's will is—**his good, pleasing and perfect will.**



FOCUS:

Helping to learn a
godly view following
a healthy behavior

Focus is on the good
to develop **not the
sin!**

We are not called to
be our brothers
watchdog



**...but also
not to be
afraid to call
sin a sin**



It's a personal story...



**Creating a
safe place**



Vulnerability



**Developing a
habit in our
youth to talk
about sexuality
and being
vulnerable**



Seeking help when you have sexual problems

- Problems with
having Erection
- Lack of Sexual
desire
- Problems with
having orgasm



**Learning to talk
about sex in
marriage...**

Mark 14:32-42 (Vulnerability)

- They went to a place called Gethsemane, and Jesus said to his disciples, “Sit here while I pray.”³³ He took Peter, James and John along **with him, and he began to be deeply distressed and troubled.**³⁴ **“My soul is overwhelmed with sorrow to the point of death,” he said to them. “Stay here and keep watch.”**
³⁵ Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him.³⁶ “Abba, Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”
...
- **Prov 4,23**...Above else guard you heart...(thoughts/emotions/will/action)



Stages of Healthy Sexual Development

From: „Gulp! Talking with Kids about Sexuality“
Planned Parenthood of Northern New England
August 2000

Birth to 8 years (Expected development)

- **Curious about own body including own genitals**
- **Curious about differences between male/female bodies**
- **Gender identity develops** (Know's : I`am a boy/girl)
- **May engage in sex play with peers** („You show me yours and I`ll show you mine“)
- **Interested in where babies come from, pregnancy, birth**

Birth to 8 years (What to teach)

- **Acurate names and functions of body part**
- **Sexual parts of our body are special and privat and we keep them covered in public**
- **Difference between puplic and privat**
- **People have the right to refuse touch from anyone at any time** (We do not touch people and we do not want to be touched)
- **Where babies come from** (age-appropiat)
- **Bodies are different and good just the way they are**



Age 9-13 years (What to teach)

- **Body changes** – body hair, menstruation, breast development, vaginal lubrication, penis/testicle growth, erections, wet dreams, hygiene, skin changes
- **Masturbation** – what it is
- **Reproduction and pregnancy** – what intercourse is
- **Puberty happens at different ages and rates for everyone**
- **Hormones and their effects on boys and girls**
- **Right to refuse touch from anyone at anytime, and need to respect that others have same right**
- **Gender roles and stereotypes** (address and debunk myths)



Age 14-18 years (Expected development)

- **Increased interest in dating and sexual relationships**
- **Are physically able to become pregnant** (sometimes as young as age 10)
- **Peer pressure still important, though may begin to lessen toward end of this period**
- **May engage in risky or even delinquent behavior** - brains are still immature and child may not be able to make consistently healthy decisions
- **Increased interest in being independent**, driving, having sex, tattoos, piercings, getting jobs to earn spending money, clothes



Age 14-18 years (What to teach)

- **Reproduction, pregnancy, birth - in greater detail**
- **Sexually transmitted infections and how to protect themselves**
- **Birth control and condom use**
- **How to say "NO" to unwanted sexual contact**
- **Respecting boundaries and personal space of self and others**
- **Body image and changes, gender roles, stereotypes**
- **Differences between healthy vs. unhealthy romantic relationships**